Small Blessings Newsletter - - - - - February 2026

Looking Ahead
We will be closed on President's Day, February 16th. This will be a Professional Development day for staff.

Book Order
Book orders due Wednesday, February 18th. You can order online at https://clubs.scholastic.com/home?eml=SBC/CAC/GKH9R

Themes for the Month
2/2-2/6	Polar Bears
2/9-2/13	Valentines/Love
2/16-2/20	Teddy Bears
2/23-2/27	Favorite Books

Carter - 2/4
Mabel - 2/8
Eleanor Y - 2/10
Nelva - 2/10
Bennett - 2/11
Eliana - 2/12
Elliana - 2/15
Noelle - 2/16
Ryleigh - 2/21
Lilianna - 2/21
Fox - 2/27

Outside
Hopefully we will get to go outside at some point this winter. It is so important for them to get fresh air.
Please make sure your child has all the needed winter attire.

Preschool Conferences
We will be catching up on conferences in the Preschool room during the first week in March. Please sign up for a time outside the Preschool Room door.

Valentine's Day
Classrooms will be celebrating Valentine's Day during the week of 2/9-2/13. Please check with your child's teacher for classroom party information. If you would like to pass out Valentines, the list is attached. Please check out the sign up sheets outside Please note that participation in the Valentines' day activities is your family's personal preference. If you would prefer your child not participate, please let your child's teacher know and we will plan alternative activities for your child.

Valentines Treats
Remember that we are a nut free center. This includes Valentine's Day treats. Please check over your treats to make sure they are appropriate.

School-Age Grant
We are excited to announce that we have again received funds from the Mi 32N OST Funding. We are thankful to the state legislature for prioritizing Out of School time funding and already planning for a great spring break and summer.

Illness
The flu season seems to have taken hold in Michigan. As we are seeing increasing cases of the flu as well as other illnesses, **please remember that our sick policy states that if a child is sick their siblings must also stay home.** We are not trying to be difficult but the past has shown us that illness is quickly passed on to siblings. This policy is important in keeping the children and staff of the center healthy. Thank you for your support in this area.

Nutrition Corner

With Valentine's Day coming up, our children can be overwhelmed by sweets. When preparing holiday treats, keep in mind some healthy options.

- Berries with whipped cream
- Cheese cut out in the shape of hearts
- Jello

The following website has some fun healthy Valentine treats.

https://shapeyourfutureok.com/heart-healthy-valentines-day-snacks/

Parenting Time

February and Valentine's Day reminds us of love. The following video asks children "What is Love?"

▶ 100 Kids Describe Love | 100 Kids | ...

I Corinthians 13:4-8a tells us that "[4] Love is patient, love is kind. It does not envy, it does not boast, it is not proud. [5] It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. [6] Love does not delight in evil but rejoices with the truth. [7] It always protects, always trusts, always hopes, always perseveres.[8] Love never fails."

Remembering these verses that define "Love", are key in showing love to our children.
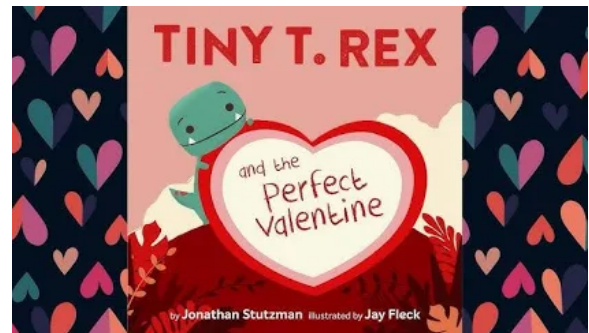
Director Tips

A warning about Medication and Edibles

As we are heading into another candy and treat-filled time of year, I feel led to remind parents to be careful not to leave medication or edibles in reach of your children. Many pills look like candy to small children and many edibles are made specifically to look like favorite candy. While marijunia is legal, and there is no judgment on my part, it can have deadly consequences to young children. The following video explains some of these consequences:

▶ Study Shows Spike in Children Eatin...

Book Pick

▶ ❤️ **Tiny T. Rex and the Perfect Vale...**

Website
https://www.smallblessingsfumer.com/