

Small Blessings Christian Early Care & Preschool

Summer Menu 3

	Monday 9/2	Tuesday 9/3	Wednesday 9/4	Thursday 9/5	Friday 9/6
Morning Snack	CLOSED	Cereal (G) Milk (M)	Boiled egg (P) Banana (F)	Fruit & Grain Bar (G) Milk (M)	Animal Crackers(G) Hummus (P)
Afternoon Snack	CLOSED	Graham Crackers (G) applesauce(F)	fruit (F) Multi-grain cracked (G)	Carrot Spirals (V) Lunch Meat (P)	Pretzels (G) cheese(M)
	Monday 9/9	Tuesday 9/10	Wednesday 9/11	Thursday 9/12	Friday 9/13
Morning Snack	Cereal (G) Milk (M)	Yogurt (P) Fruit (F)	Muffin (G) Milk (M)	Boiled egg (P) Banana (F)	Graham Crackers (G) Milk (M)
Afternoon Snack	Pretzels (G) Applesauce (F)	Cucumbers (V) Meat sticks (P)	Carrot Spirals (V) Goldfish (G)	Cheese cubes (P) Fruit (F)	Egg salad (P) English Muffin (G)
	Monday 9/16	Tuesday 9/17	Wednesday 9/18	Thursday 9/19	Friday 9/20
Morning Snack	Yogurt (P) Melon (F)	Boiled egg (P) Banana (F)	Cereal (G) Milk (M)	Muffin (G) Milk (M)	Animal Crackers (G) Applesauce (F)
Afternoon Snack	Cucumbers (V) Cheese Stick (P)	Graham Crackers (G) Milk (M)	Fruit (F) Multi-grain cracked (G)	Carrot Spirals (V) Lunch Meat (P)	Leftovers
	Monday 9/23	Tuesday 9/24	Wednesday 9/25	Thursday 9/26	Friday 9/27
Morning Snack	Fruit & Grain Bar (G) Milk (M)	Yogurt (P) Fruit(F)	Cereal (G) Milk (M)	Boiled egg (P) Banana (F)	Graham Crackers (G) Milk (M)
Afternoon Snack	Pretzels (G) Applesauce (F)	Cucumbers (V) Meat sticks (P)	Carrot Spirals (V) Goldfish (G)	Cheese cubes (P) Fruit (F)	Hummus (P) English Muffin (G)